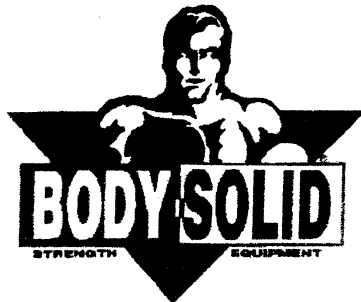
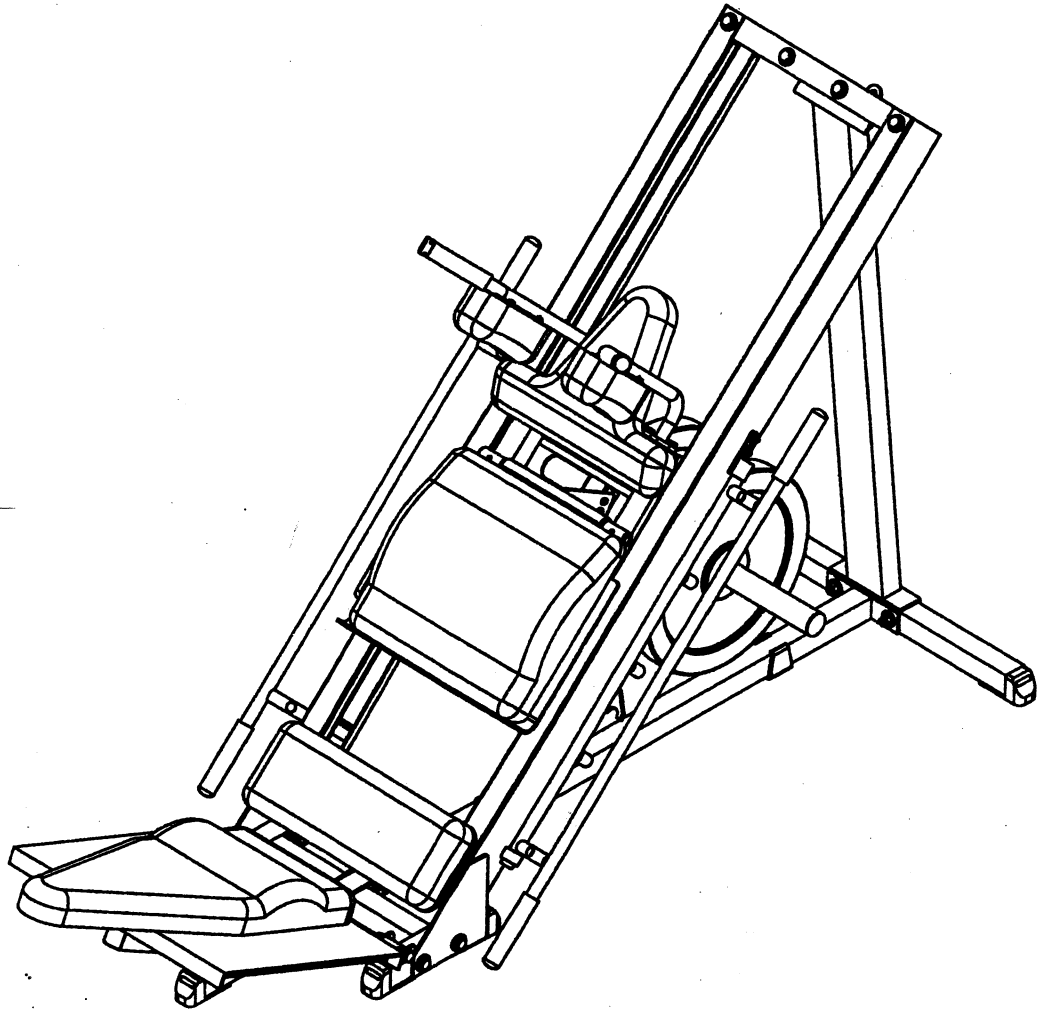


Body-Solid

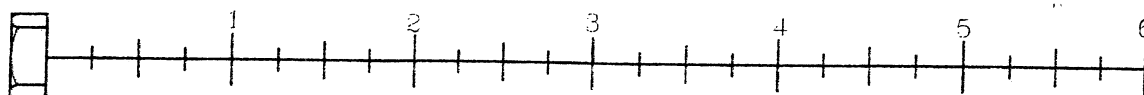
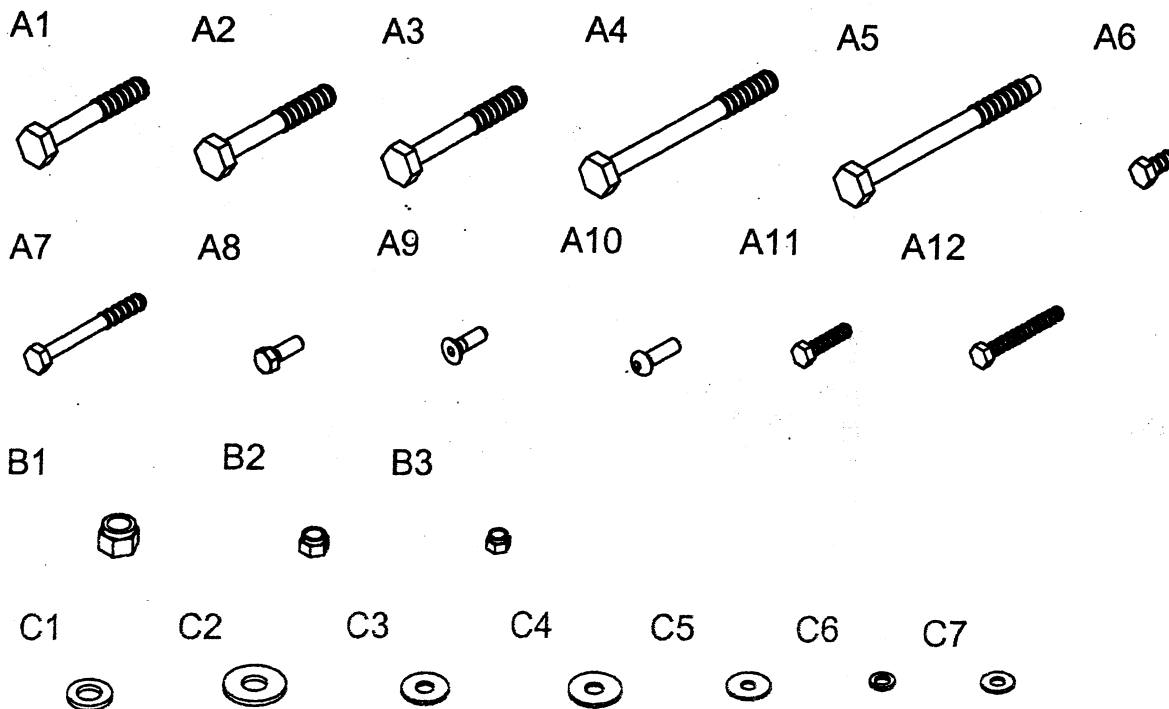


BODY-SOLID, Inc.
1900 S. Des Plaines Ave.
Forest Park, IL 60130 USA
Phone: (708) 427-3555
Fax: (708) 427-3556
www.bodysolid.com

GLPH-1100 OWNER'S MANUAL

HARDWARE ILLUSTRATION

A1. 1/2"X3"L Hex Head Bolt-----	[4PCS]
A2. 1/2"X3 1/4"L Hex Head Bolt-----	[6PCS]
A3. 1/2"X3 1/2"L Hex Head Bolt-----	[4PCS]
A4. 1/2"X5"L Hex Head Bolt-----	[3PCS]
A5. 1/2"X5 1/4"L Hex Head Bolt-----	[2PCS]
A6. 3/8X3/4"L Hex Head Bolt -----	[2PCS]
A7. 3/8"X3"L Hex Head Bolt-----	[4PCS]
A8. 5/16"X3/4" Hex Head Bolt-----	[4PCS]
A9. 5/16"X1" Co.Noid Head Bolt-----	[4PCS]
A10. 5/16"X1" Round Bolt-----	[13PCS]
A11. 5/16"X1 1/4" Hex Head Bolt-----	[2PCS]
A12. 5/16"X2 1/4" Hex Head Bolt-----	[2PCS]
B1. 1/2" Nylon Lock Nut-----	[19PCS]
B2. 3/8" Nylon Lock Nut-----	[4PCS]
B3. 5/16" Nylon Lock Nut-----	[4PCS]
C1. 1/2"(I.D.) Washer(Ø25)-----	[8PCS]
C2. 1/2"(I.D.) Washer(Ø34)-----	[30PCS]
C3. 3/8"(I.D.) Washer(Ø27)-----	[8PCS]
C4. 3/8"(I.D.) Washer(Ø30)-----	[2PCS]
C5. 5/16"(I.D.) Washer(Ø24)-----	[17PCS]
C6. 5/16" Spring Washer-----	[17PCS]
C7. 5/16" (I.D.)Washer(Ø18)-----	[8PCS]



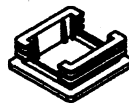
HARDWARE ILLUSTRATION

D1. 45X45 End Cap(9211-091)	[2PCS]
D2. 2"X2" End Cap(9211-006)	[2PCS]
D3. 2"X2" End Cap(9211-087)	[5PCS]
D4. Ø50 Round End Cap(9211-020)	[2PCS]
D5. 2"X2"L Foot Cap(9211-024)	[7PCS]
D6. Ø20 Round End Cap(9211-036)	[4PCS]
D7. 2"x2" Rubber Dount (9212-010)	[2PCS]
D8. 38X75L Rubber Pad(9310-002)	[2PCS]
D9. 38X325L Rubber Pad(9310-042)	[1PCS]
D10. Ø1"x2.5t Round End Cap(9260-021)	[4PCS]
D11. 38X38 End Cap(9211-003)	[4PCS]
D12. 25X50 End Cap (9211-009)	[2PCS]

D1



D2



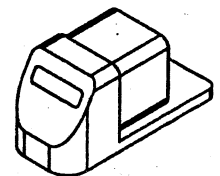
D3



D4



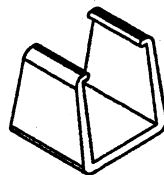
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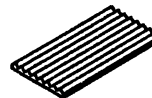
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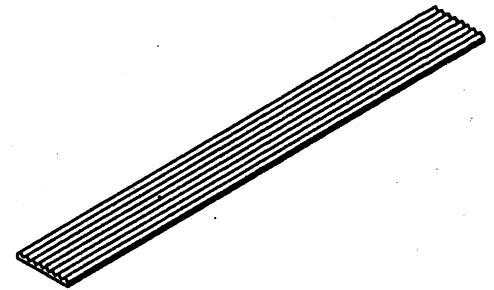
D7



D8



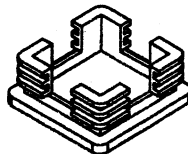
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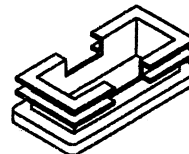
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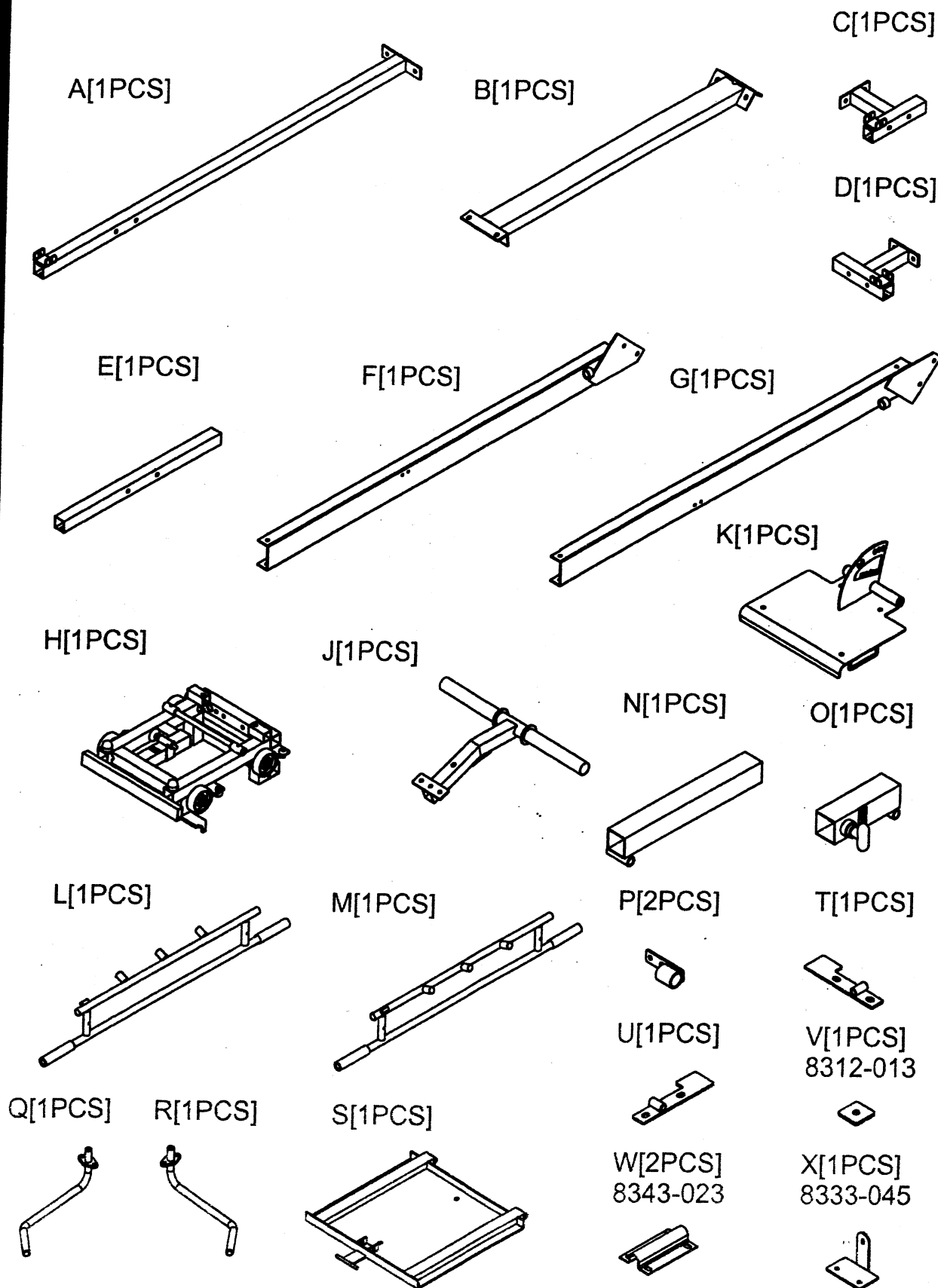
D11



D12

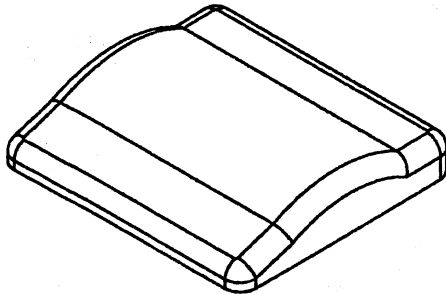


PARTS ILLUSTRATION SHEET

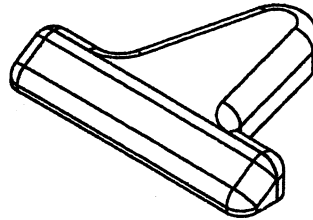


PARTS ILLUSTRATION SHEET

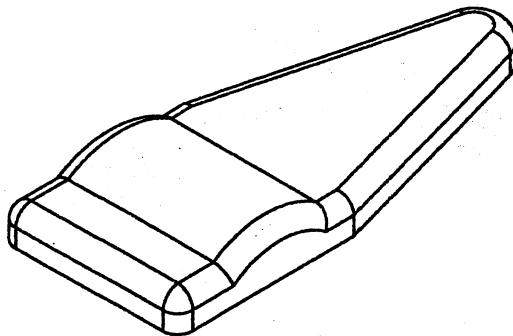
Y[1PCS]



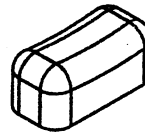
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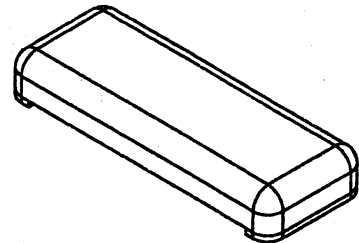
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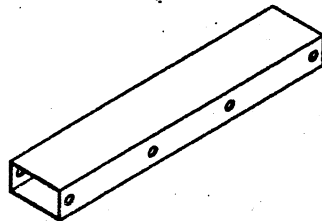
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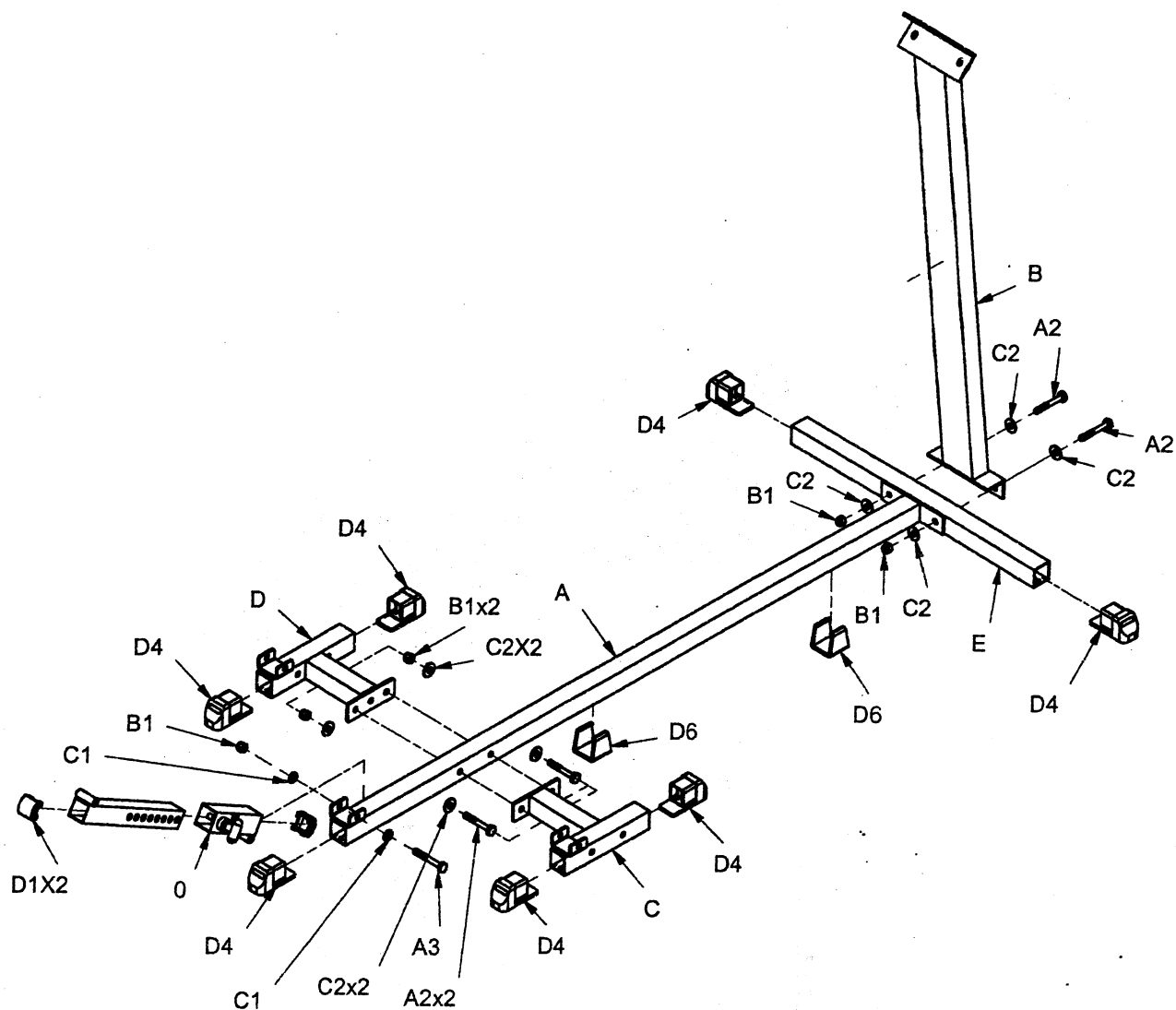
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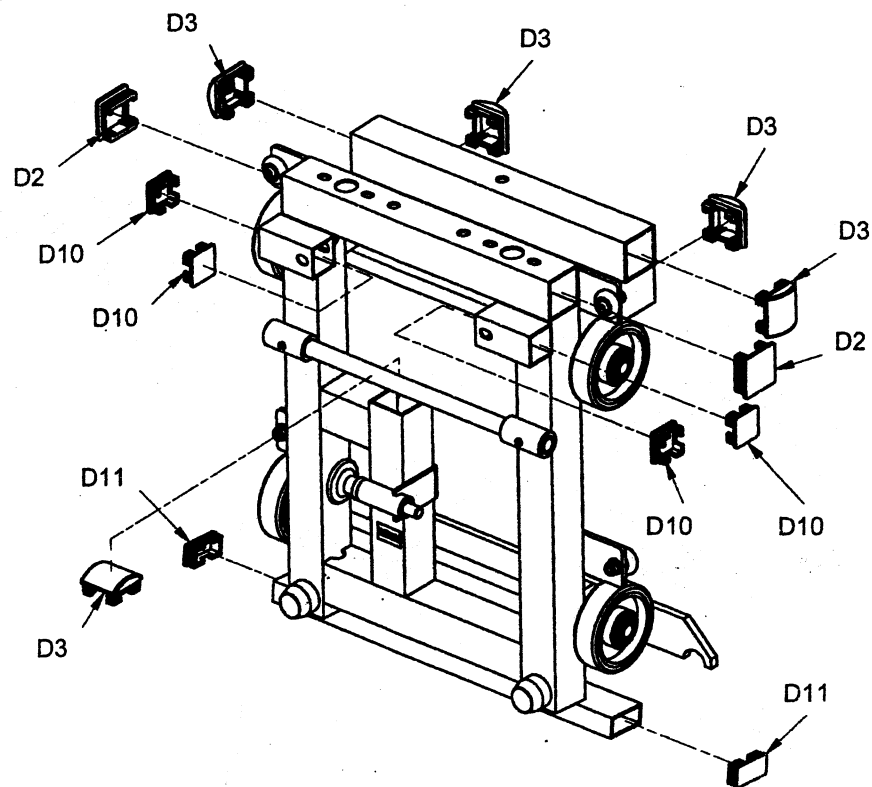
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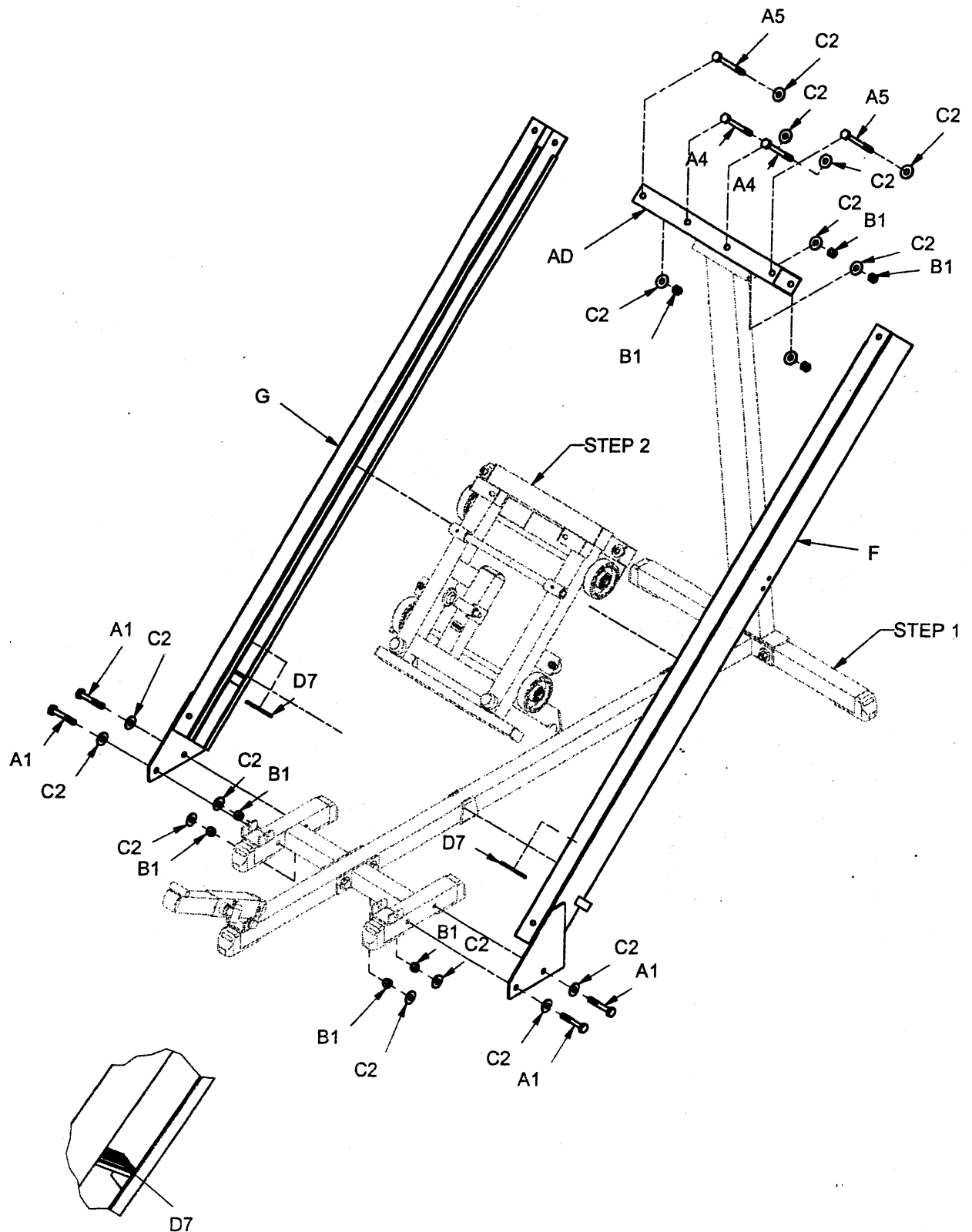


ASSEMBLY STEP 1

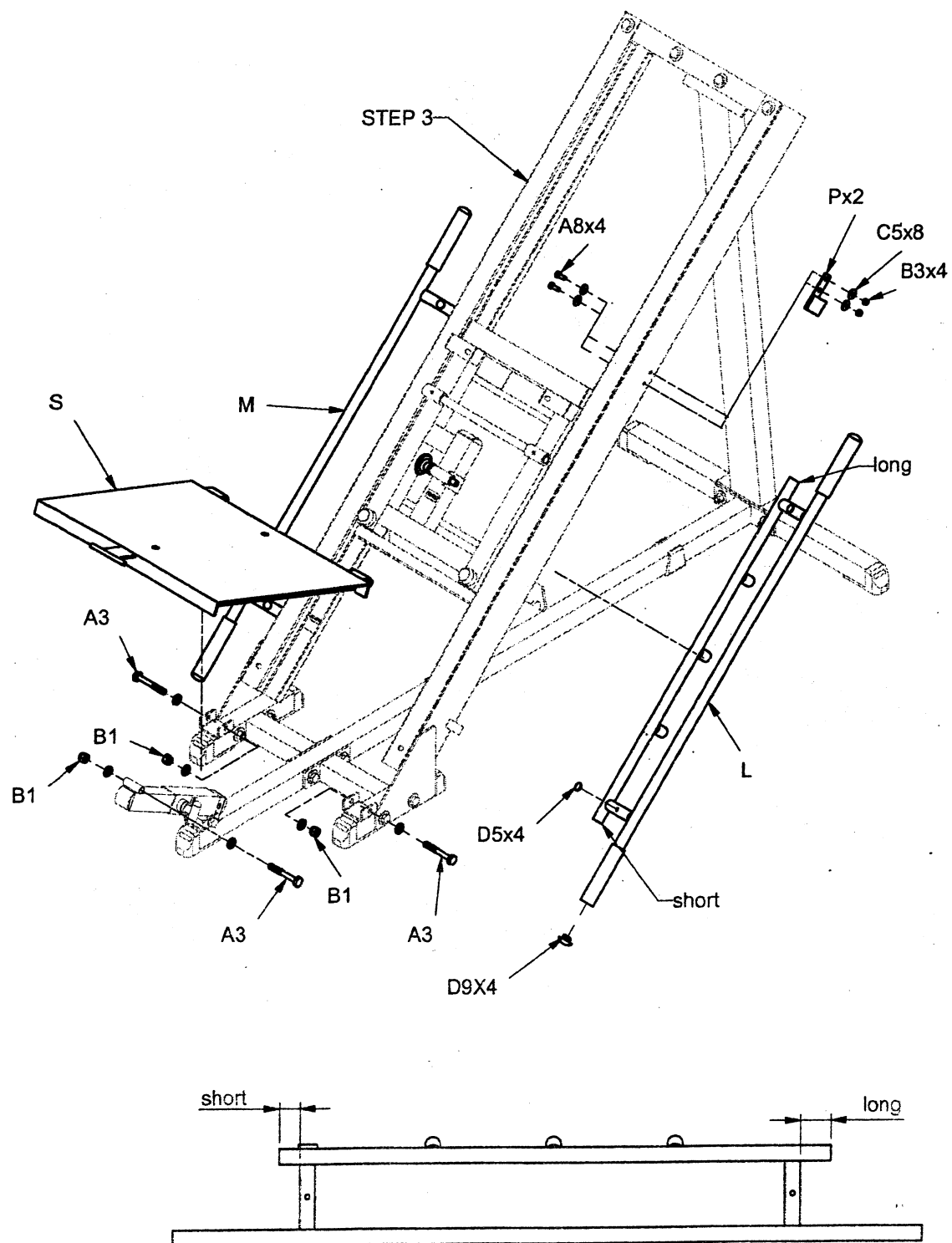


ASSEMBLY STEP 2

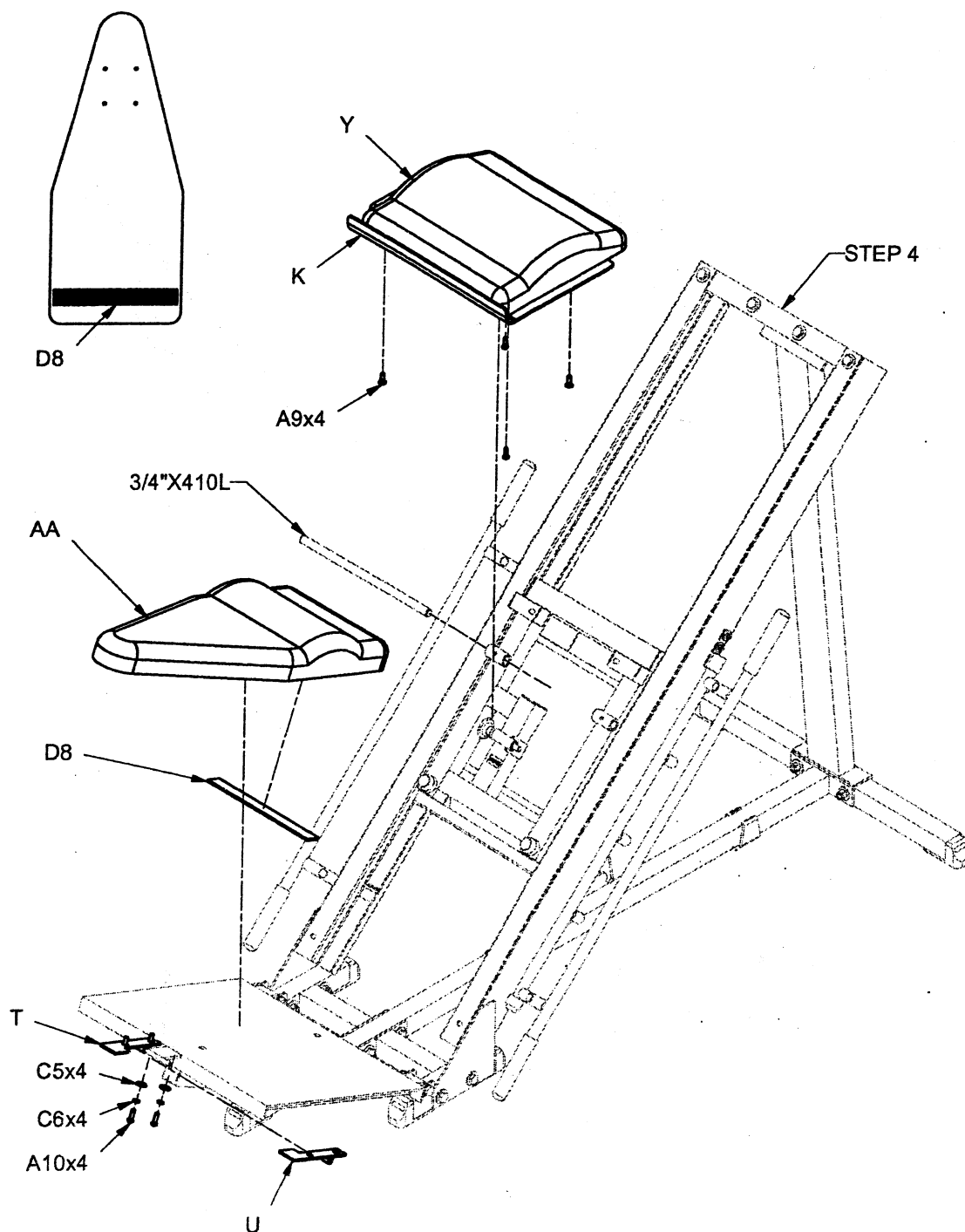


ASSEMBLY STEP 3

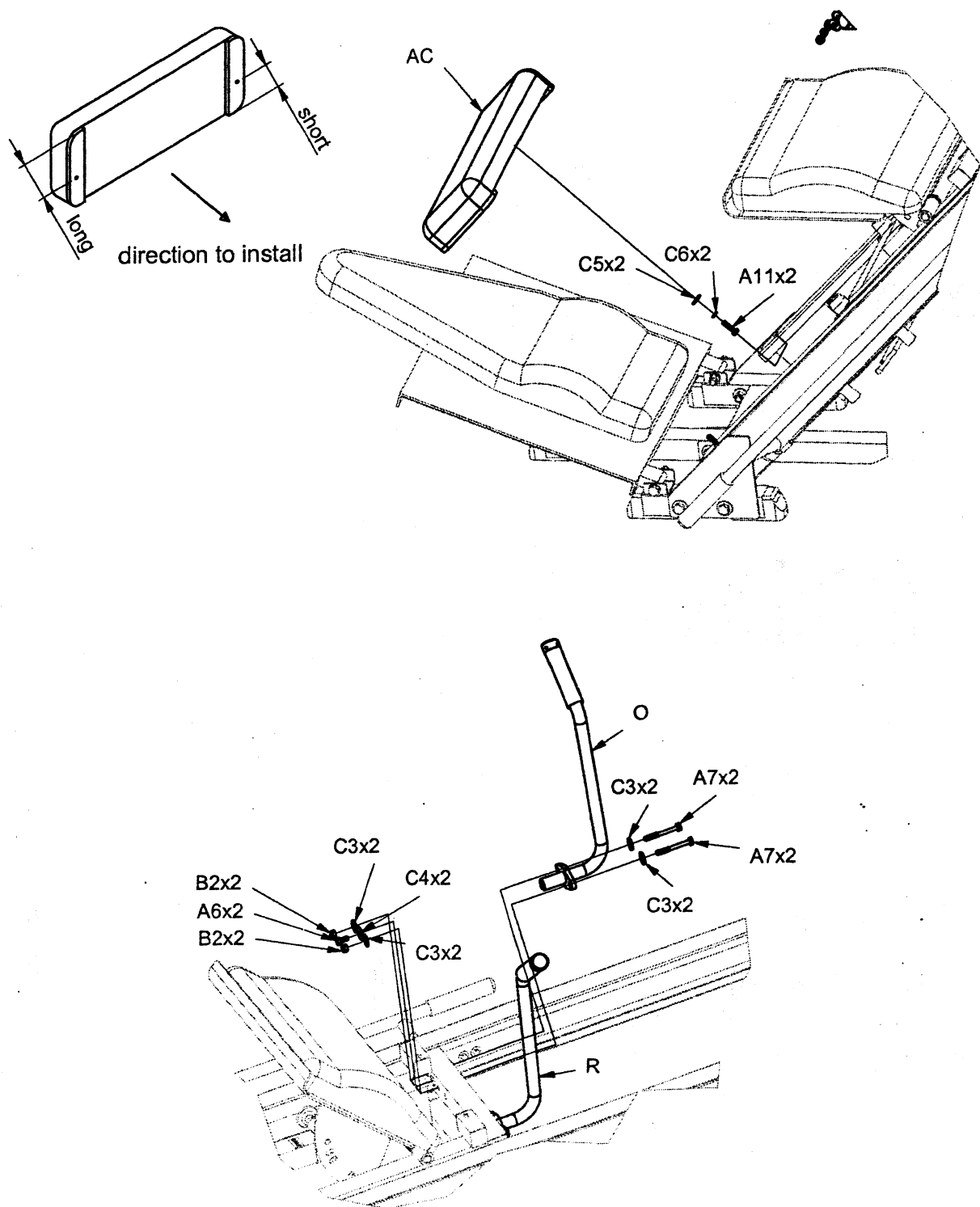
ASSEMBLY STEP 4



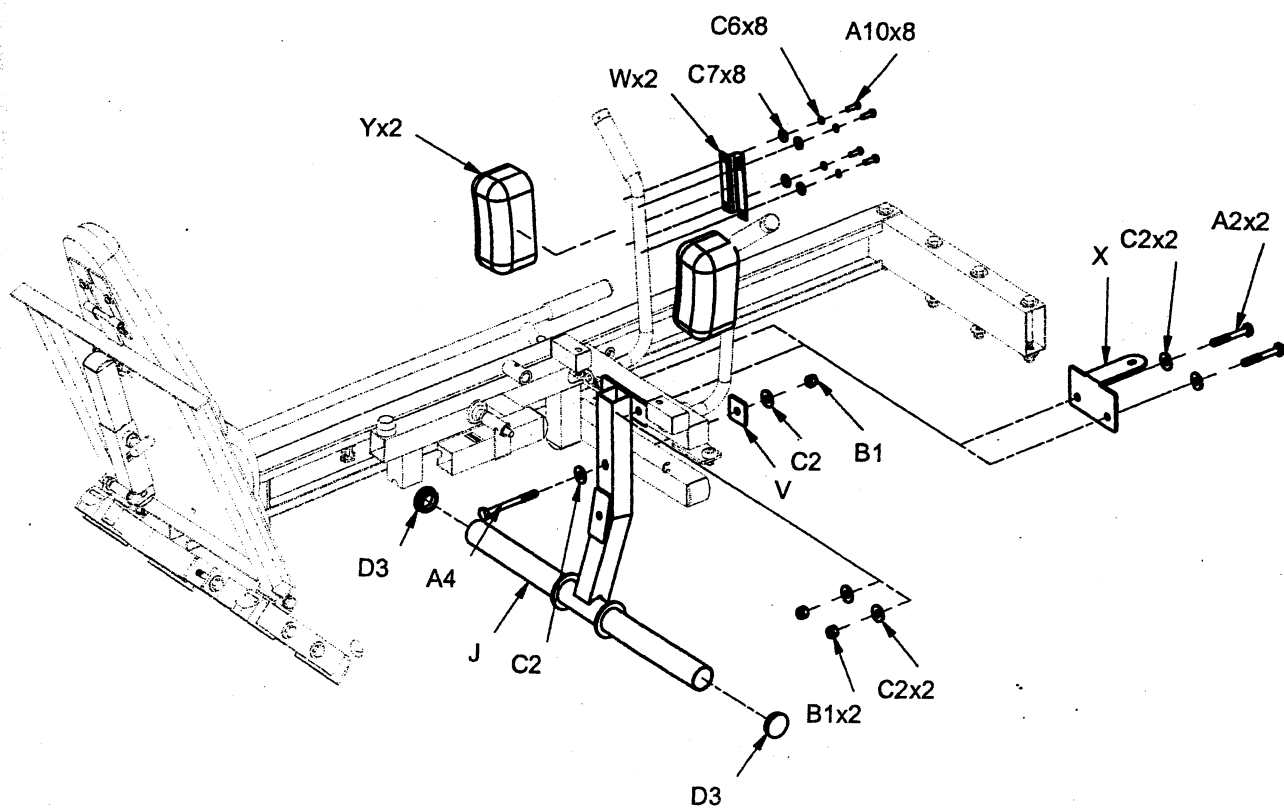
ASSEMBLY STEP 5



ASSEMBLY STEP 6



ASSEMBLY STEP 7

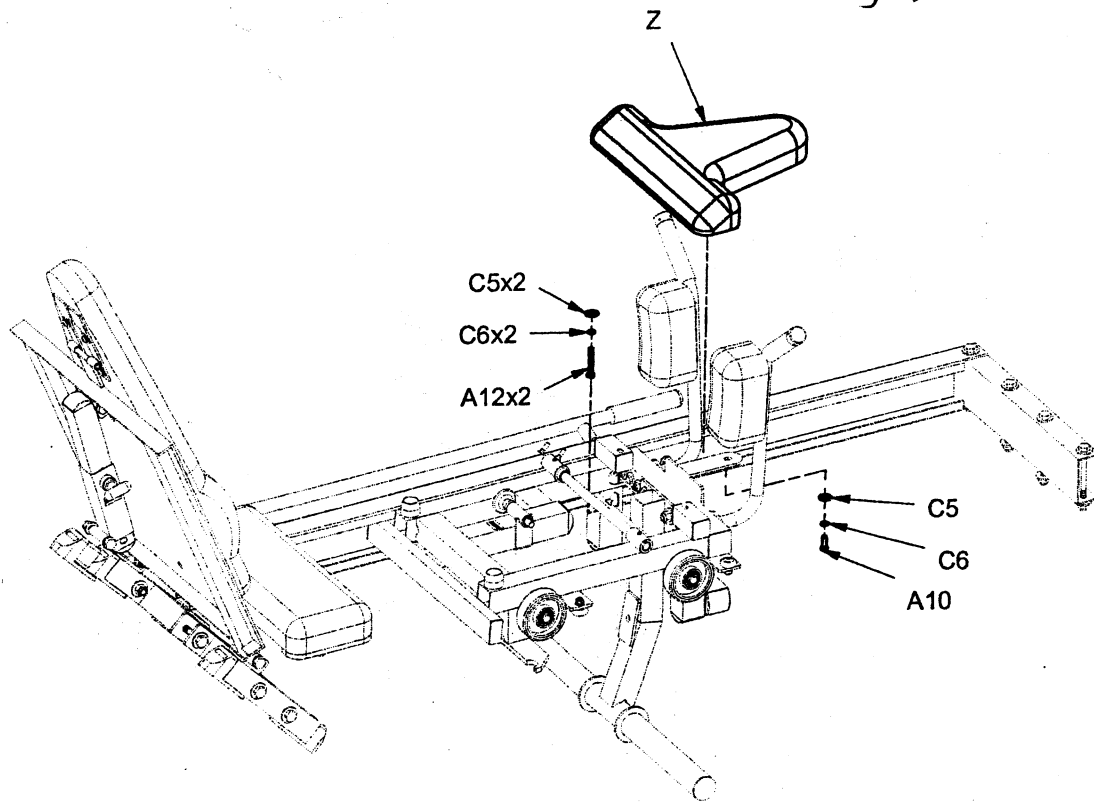


Section View

WC 89 MAX 04

ASSEMBLY STEP 8

77-03
65-02
53-01



Section View